

Unless otherwise noted, all groups are held at:

NAMI Washington County Welcome Center

279 S. 17th Ave., Ste 7, West Bend, WI 53095

Phone: 262-339-1235 Website: namiwashingtonwi.org



NAMI Washington County

April Program Schedule

Day of the week	Program Name	Time
Monday	Crafting Connections	12:30-2pm
5th and 6th grade	Art Sparks Middle School Art Therapy	5:00-6:15pm
	Adult Art Therapy	6:45-8:00pm
Every other Monday, starting March 4th	Art Therapy for Veterans	3:00-4:15pm
Third Monday of the Month	NAMI Family Support Group For caregivers of someone with a mental illness	7:00-8:30pm
Tuesday	Let's Connect Support Group For young adults 18-30 years	6:00-7:15pm
First and Third Tuesday of the Month	HOPE Connections For adults who have lost someone to suicide	6:30-8:00pm
Wednesday	Let's CHAT Social Group Open hours, no trained facilitator	5:00-6:45pm
	Live, Learn and Thrive Adult Support Group	5:30-6:45pm
Wednesday	Crafting Connections	12:30-2pm
Thursday	Teen Connections For teens living with a suspected or diagnosed mental health condition	4:15-5:30pm
7th-9th grade	Teen Expressions Art Therapy 1	4:15-5:30pm
9th-12th grade	Teen Expressions Art Therapy 2	5:30-6:45pm
Friday	Adult Art Therapy	10:00-11:15am

To register for **Middle School or Veterans/Adult Art Therapy**, please contact Katy at (414) 698-5420

To register for **Teen Art Expressions**, please contact Bethany at (262) 404-7883

If you have questions about programming, please call (262)339-1235 or visit our website: namiwashingtonwi.org